

Mission:

Helping All People Live Their Best Lives.

Vision:

We envision a community in which all abilities are embraced and everyone is encouraged to pursue their greatest potential.

Values:

COMMUNITY COURAGE RESILIENCE

Through these values we strive to break cycles of poverty, facilitate employment, reconnect families and allow for purpose and belonging.

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A message from Mallory and Anne:

At Human Support Services (HSS), our mission, vision, and values are more than just words—they are the compass that guides every decision and action we take. We are proud to serve as a safety net for all in Monroe County, ensuring that every individual has access to the support they need, regardless of their ability to pay. Our commitment to inclusivity and compassion drives us to continuously adapt and grow to meet the evolving needs of our community.

Whether through mental health counseling, substance use disorder services, or residential and vocational support for those with intellectual and developmental disabilities, HSS is here to break down barriers and provide care for everyone.

As Monroe County's needs grow, your generous support has made it possible for us to extend our services and broaden our impact. Your dedication to making Monroe County a courageous and resilient community enables us to expand our reach and serve as a vital safety net for those who need it most. Because of you, HSS's impact continues to grow, making a profound difference across the county.

We are one community, united in our efforts to create a brighter future. With your continued support, we are shaping a future filled with hope and opportunity for everyone.

Thank you once again for being an essential part of our mission. We look forward to achieving even greater things together.

Mallory Rodenberg Board Chair Anne Riley, MSW, LCSW President and CEO









Essential Services Spotlight: Facts & Figures



364 Individuals 3695 Hours

364 individuals accessed outpatient mental health counseling, totaling 3,695 hours and 4,811 services including therapy, treatment plans, and assessments.

82 Students 897 Hours In partnership with local schools, 82 students received 897 hours of therapy.

437
Students trained in SOS

The Signs of Suicide (SOS) program has reached 437 high school freshmen, providing them with vital education and prevention tools to identify and address signs of suicide and mental health issues among teenagers.

576
Substance Use
Treatment Hours

190 Substance Use Groups

23% of participants were under 18

20

Twenty individuals gained meaningful employment through customized placements, empowering them with independence and self-sufficiency. This success was made possible by personalized job coaching and a tailored discovery process.

572

Psychiatric Nurse Practitioner appointments

634 hours of services

25% of which were for youth under 18

Encompassing 2,420 services including evaluations, medication monitoring, and administration.

170

Crisis Interventions

492

Crisis services delivered including mobile crisis response and crisis stabilization.

23%

Involved youth under 18

HSS hosts 14 residences in which 64 individuals call home ~ allowing independence, personalized support, and enhanced quality of life.

130

130 community members trained in Mental Health First Aid (MHFA). Widespread MHFA training builds community resilience by ensuring more people are prepared to offer support when needed.

Financial Summary

	FY2023	FY2024
<u>REVENUE</u>		
Total Revenue	\$6,157,157	\$7,921,530
Total Net Assets	\$5,331,787	\$5,941,914
PUBLIC SUPPORT		
Grants & Contracts	\$4,403,695	\$5,122,743
Contributions/ Fundraising	\$221,430	\$932,655
EXPENSES:		
Total Expenses	\$6,625,935	\$8,185,132
Programs	\$4,229,957	\$6,575,010
Administrative	\$1,524,534	\$1,501,946
Fundraising	\$45,317	\$108,176



Our Future Plans

Early Childhood Mental Health Services in Monroe County

HSS is poised to expand children's mental health services in Monroe County, understanding the vital importance of early childhood development. In 2023, CEO Anne Riley began a two-year graduate program in Infant and Early Childhood Mental Health at the Erikson Institute, set to be completed in May 2025. This specialized training will enable HSS to strengthen its ability to support the social, emotional, and relational development of infants, toddlers, and young children. Under Anne's leadership, HSS will be better positioned to guide parent-child relationships, assist families in navigating challenges, address behavioral concerns, and provide support to children who have experienced trauma.

The Critical Role of Early Childhood Intervention: Early childhood is a crucial period in human development, with 90% of brain growth occurring by age five. The experiences and environments children encounter during these formative years shape brain development, laying the foundation for future learning, behavior, and emotional well-being. By focusing on early intervention, HSS can address developmental and mental health challenges before they hinder healthy growth. This proactive approach fosters positive behaviors, delays substance use, and builds emotional resilience that children can carry into adulthood.

HSS currently works with the Monroe-Randolph Birth to Five Regional Council and Monroe County schools, offering onsite counseling and mental health services. In the future, HSS aims to expand its partnerships with local daycares, pediatricians, and broader regional organizations to further enhance the quality of life in Monroe County.